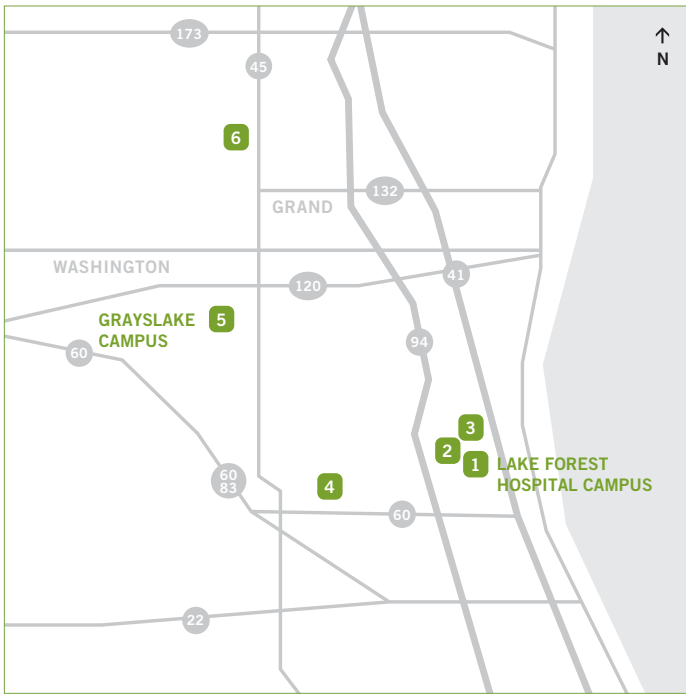




# Map / Locations



main telephone	847 234 5600	website	lfh.org/physicaltherapy
patient scheduling	847 535 8000	physician referral	847 535 6171

Please visit our website, [lfh.org/physicaltherapy](http://lfh.org/physicaltherapy), for specific office locations, phone numbers and directions.

**1 Lake Forest Hospital**  
660 N. Westmoreland  
Lake Forest, Illinois 60045

(847) 535-6520 tel  
(847) 535-7834 fax

**PT Hours**  
Monday-Friday  
7:00 a.m. – 5:30 p.m.

**OT Hours**  
8:00 a.m. – 5:00 p.m.

**Inpatient and Outpatient Physical and Occupational Therapy**

- Lymphedema
- Vestibular/Balance
- Hand Therapy
- Wound Care
- Post C-Section
- Oncology
- Fall Prevention

**2 Lake Forest Hospital Bays Medical Building**

**Center for Pain Treatment and Rehabilitation**  
900 N. Westmoreland, LL50  
Lake Forest, Illinois 60045

(847) 535-6132 tel  
(847) 535-7829 fax

**Hours**  
Monday-Friday  
7:30 a.m. – 5:00 p.m.

**Outpatient Physical and Occupational Therapy**

- Work Hardening
- Work Conditioning
- Functional Capacity Evaluations
- Chronic Pain
- Industrial Rehabilitation

**Center for Child Development**  
900 N. Westmoreland, Suite 78  
Lake Forest, Illinois 60045

(847) 535-6800 tel  
(847) 535-7847 fax

**PT Hours**  
Monday-Friday  
Variable

**Outpatient Pediatric Physical Therapy**

**3 Lake Forest Hospital Health and Fitness Center**  
1200 N. Westmoreland, Suite 200  
Lake Forest, Illinois 60045

(847) 535-7550 tel  
(847) 535-7840 fax

**PT Hours**  
Monday-Friday  
7:00 a.m. – 7:30 p.m.  
Saturday Morning hours available

**Outpatient Physical Therapy**

- Sports Medicine
- Aquatics
- Osteoporosis
- Urinary Incontinence/Pelvic Pain
- Temporomandibular Disorders
- Vestibular/Balance
- Fall Prevention
- Post C-Section
- Injury Prevention/Performance Enhancement

**4 Vernon Hills Medical Building**  
870 West End Court, Suite 206  
Vernon Hills, Illinois 60061

(847) 535-8480 tel  
(847) 535-7862 fax

**PT Hours**  
Monday-Friday  
7:00 a.m. – 7:00 p.m.

**Outpatient Physical Therapy**

- Post C-Section
- Sports Medicine

**5 Lake Forest Hospital Grayslake Campus**  
1475 East Belvidere Road  
Grayslake, Illinois 60030

(847) 535-8833 tel  
(847) 535-8830 fax

**PT Hours**  
Monday-Friday  
7:00 a.m. – 7:00 p.m.  
Saturday Morning hours available

**OT Hours**  
Tuesday/Thursday  
8:00 a.m. – 5:00 p.m.

**Outpatient Physical and Occupational Therapy and Pediatric Physical Therapy**

- Hand Therapy
- Temporomandibular Disorders
- Vestibular/Balance
- Golf Assessment
- Post C-Section
- Pediatric PT
- Sports Medicine

**6 Lindenhurst Health and Fitness Center**  
3098 Falling Waters Boulevard  
Lindenhurst, Illinois 60046

(847) 535-7650 tel  
(847) 535-7659 fax

**PT Hours**  
Monday-Friday  
7:00 a.m. – 7:00 p.m.  
Saturday Morning hours available

**Outpatient Physical Therapy**

- Aquatics
- Vestibular/Balance
- Post C-Section
- Temporomandibular Disorders